

E.M.GOPALAKRISHNA KONE YADAVA WOMEN'S COLLEGE



CELL : COUNSELLING CELL

ACTIVITY : PERSONAL COUNSELLING

YEAR : 2024-2025

COUNSELLING CELL

DATE	TIME	VENUE
09.08.2024	10:30 a.m. to 11.30 a.m.	Seminar Hall, E.M.G. Yadava Women's College
Theme	Finding solution to the problem	
Nature of the Activity	Student Counselling through Trained Professional Counsellors	
Title	Personal Counselling	
Convenor	Dr.(Mrs.)V.Pushpalatha Principal i/c EMGYWC	
Coordinators	Dr.(Mrs.) G.Karthiga Assistant Professor of Commerce EMGYWC Mrs.R.Lakshmi Assistant Professor of IT EMGYWC	
Resource Person	M.Rukmani Devi M.Sc., (PSY), DCA. FCED., Psychologist & Special Educator Top Kids K.Pudur, Madurai.	
Beneficiaries	Students - 10	

PERSONAL COUNSELLING

Objectives:

1. To provide personalized and confidential counselling sessions to assist students in managing academic, personal, and emotional challenges.
2. To address stress, anxiety, and other mental health concerns, thereby promoting students' emotional stability and overall well-being.

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3. To guide students in setting realistic personal and academic goals through enhanced self-awareness and self-reflection.
4. To create a supportive, safe, and confidential environment that encourages students to openly share their concerns and seek timely professional help.

Programme Outcomes:

The personal counselling session organized by the Counselling Cell of E.M.G. Yadava Women's College proved to be highly beneficial in supporting students' mental and emotional well-being. The professional guidance provided by Ms. Rukmani Devi enabled students to better understand and manage their personal and academic challenges with confidence. The safe and empathetic environment fostered open communication, promoting self-awareness, emotional resilience, and positive coping skills. Overall, the programme contributed significantly to students' personal growth, academic focus, and holistic development.

Photograph:



The Counselling Cell of EMGYWC, organised a Students Personal Counselling - 09.08.2024

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Enclosures:

a. Circular:

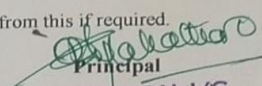
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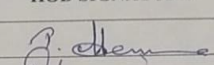
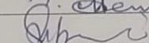
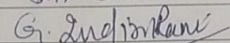
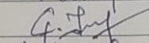
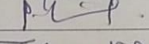
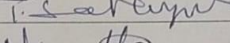
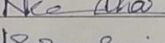
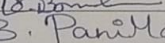
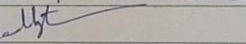
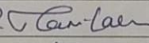
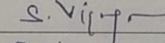
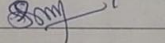
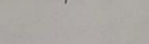
E.M.G. YADAVA WOMEN'S COLLEGE, MADURAI – 625 014.
(An Autonomous Institution – Affiliated to Madurai Kamaraj University)
(Re-accredited (3rd Cycle) with Grade A⁺ & CGPA 3.51 by NAAC)

COUNSELLING AND GRIEVANCE REDRESSAL CELL

CIRCULAR

We are glad to inform you that Counselling and Grievance Redressal Cell arranged a "Personal Counselling" for students on 09.08.2024 at Counselling Room. Kindly inform to our students are asked to obtain benefit from this if required.


Principal
PRINCIPAL I/C
E.M.G. YADAVA WOMEN'S COLLEGE
MADURAI-625 014

DEPARTMENT	HOD SIGNATURE
History	
English	
Zoology	
Commerce	
Mathematics	
B.B.A	
Computer Science	
Information Technology	
Tamil	
Physics	
Nutrition and Dietetics	
BCA & MCA	
Chemistry	

E.M.GOPALAKRISHNA KONE YADAVA WOMEN'S COLLEGE

b. Nominal Roll of Participants:

Student participants of EMGYWC:

PERSONAL COUNSELLING-- 09.08.2024			
S.No.	REGISTER NUMBER	NAME	DEPARTMENT
1	22CCC09	V.Chella Meena	III.B.COM(CA)
2	23ZOO16	B.Mireudhula Shakthi	II ZOOLOGY
3	22CCC19	S.Jailani Amma	III.B.COM(CA)
4	23ZOO12	M. Kavya	II ZOOLOGY
5	22MKA11	A. Merina Devi	III B.SC MATHS
6	23ZOO09	K.Kanishga	II ZOOLOGY
7	23CCC25	M. Mavina	II.B.COM(CA)
8	23CCC12	M.Iniya Sri	II.B.COM(CA)
9	22MKA05	R.Harshini Pandi	III MATHS
10	22MPB08	N.Naga Devi	III MATHS(CS)