



DEPARTMENT : COMMERCE

ACTIVITY : SKILL DEVELOPMENT PROGRAMME

YEAR : 2017-2018

DEPARTMENT OF COMMERCE

DATES	TIME	VENUE
11.07.2017 To 01.08.2017	10:00 a.m. to 12:00 noon	ESR Alamelu Ammal Memorial Hall, EMGYWC
Theme		Unleashing Potential: Exploring Personal Development and Empowerment
Nature of the Activity		Skill Development Programme
Title		Life Skill Training
Convenor		Mrs.S.Rajalskhmi Head & Associate Professor of Commerce
Coordinator		SHARP, A forum of TN Chamber Foundation
No. of Participants		Student – 12

SKILL DEVELOPMENT PROGRAMME ON “LIFE SKILL TRAINING”

Objectives:

1. To help individuals understand their strengths, weaknesses, values, and beliefs to nurture self-awareness and personal growth.
2. To develop leadership qualities, teamwork abilities, collaboration, communication, and conflict resolution skills necessary for succeeding in group settings and leading effectively.

Programme Outcome:

Upon successful completion of the programme, students developed a deeper understanding of their own strengths, weaknesses, values, and personal goals, leading to enhanced self-awareness and a clearer sense of identity. They cultivated greater emotional intelligence by learning to recognize, understand, and manage their own emotions while empathizing with others, which contributed to improved mental health and interpersonal relationships. The programme further enabled students to demonstrate strong leadership

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qualities, effective teamwork, collaborative communication, and conflict resolution skills. These competencies allowed them to work efficiently within group settings and to step confidently into leadership roles when needed. Overall, the programme empowered students with essential personal and social skills that would support their future academic, professional, and personal success.

Photograph:



Skill Development Programme on “Life Skill Training” - 11.07.2017 to 01.08.2018

a. Nominal Roll of Participants:

1. Students Participants of EMGYWC:

Skill Development Programme on “Life Skill Training” - 11.07.2017 to 01.08.2018		
S.No.	NAME	DEPARTMENT
1.	M. Sandhiya	Commerce
2.	M. Rajeshwari	Commerce
3.	V. Bhuvana Devi	Commerce
4.	S. Sundara Meenakshi	Commerce
5.	A.Andhiya	Commerce
6.	R.Umayal	Commerce
7.	A. Raja Rajaeshwari	Commerce
8.	K. Yogeshwari	Commerce
9.	R. Bhavani	Commerce
10.	K. Pradeepa	Commerce
11.	J. Nivetha	Commerce
12.	S.Naganadhini	Commerce