

E.M.GOPALAKRISHNA KONE YADAVA WOMEN'S COLLEGE



DEPARTMENT : NUTRITION & DIETETICS

ACTIVITY : POSTER COMPETITION

YEAR : 2019-2020

DEPARTMENT OF NUTRITION & DIETETICS

DATE	TIME	VENUE
09.08.2019	10:30 a.m. to 12.30 p.m.	II B.Sc. N & D Classroom E.M.G Yadava Women's College
Theme	Breast Feeding Week Celebration (AUG 1-7)	
Nature of the Activity	Poster Competition	
Title	Breast Milk is Best Milk	
Convener	P.Tamilarasi Head & Assistant Professor of N & D EMGYWC	
No. of Participants	Faculty- 4 Students- 10	

POSTER COMPETITION ON "BREAST MILK IS BEST MILK"

Objectives:

- To create awareness about the role of endocrine hormones in lactation.
- To emphasize the nutritional and emotional importance of breast milk in strengthening the bond between mother and child.

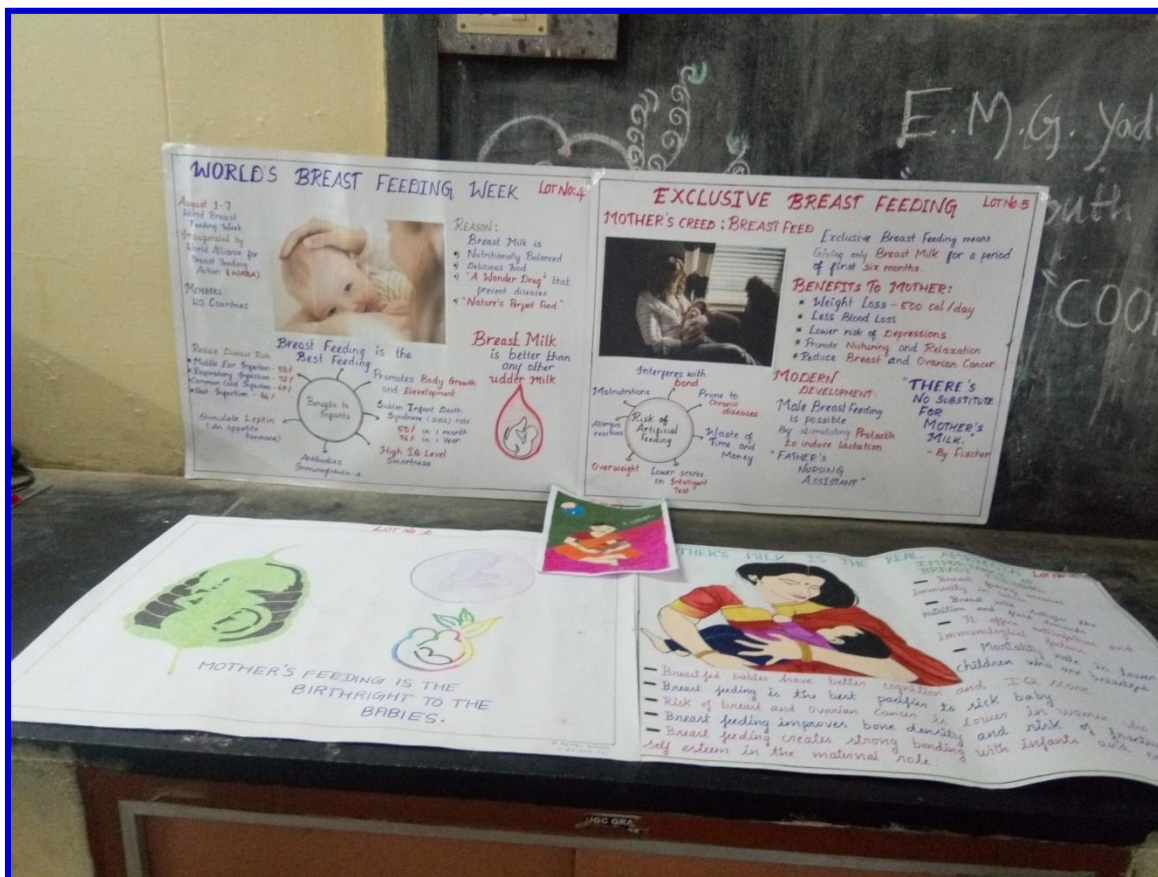
Programme Outcome:

The poster competition, conducted as part of Breastfeeding Week celebrations, enhanced students' understanding of the physiological functions of endocrine glands involved in breastfeeding. It also highlighted the unmatched benefits of breast milk for infant health and development, as well as the emotional connection it fosters between mother and child. The creative visual presentation deepened students' knowledge in a

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memorable way and promoted awareness of breastfeeding as a vital component of early childhood nutrition and maternal care.

Photographs:




Poster Competition on "Breast Milk is Best Milk"- 09.08.2019

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Enclosures:

a. Invitation:



E.M.G. YADAVA WOMEN'S COLLEGE,
MADURAI – 625 014.
(An Autonomous Institution – Affiliated to
Madurai Kamaraj University)
Re-accredited (3rd Cycle) with Grade **A⁺** & **CGPA**
3.51 by **NAAC**

DEPARTMENT OF NUTRITION & DIETETICS


POSTER COMPETITION

**TOPIC – BREAST FEEDING WEEK
CELEBRATION (AUG 1-7)**
Breast Milk is Best Milk

PARTICIPANTS – ALL MAJOR STUDENTS

VENUE – NUTRITION LAB

DATE – 09-08-2019



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b. Nominal Roll of Participants:

1. Student participants of EMGYWC:

Poster Competition on "Breast Milk is Best Milk" - 09.08.2019			
S.No.	REGISTER NUMBER	NAME	DEPARTMENT
1.	17MKA03	C.Agilandeswari	III Maths (R)
2	19ENA05	S.Alagu Meenal	I English (R)
3	18ZOO07	Z.Kathambari Barjana	II Zoology
4	18NAD01	Aarthy .M	II Nutrition & Dietetics
5	18NAD02	Abinaya.V	II Nutrition & Dietetics
6	18NAD03	Adaikalam Nancy. K	II Nutrition & Dietetics
7	18NAD04	Affrin Rishwana .S	II Nutrition & Dietetics
8	18NAD05	Ajitha Afrin.A	II Nutrition & Dietetics
9	18NAD06	Akshaya Devi.S	II Nutrition & Dietetics
10	18NAD07	Amrith Rashmi.M	II Nutrition & Dietetics

2. Faculty Organisers:

Poster Competition on "Breast Milk is Best Milk" - 09.08.2019		
S.No.	NAME	DESIGNATION WITH DEPARTMENT
1.	P.Tamilarasi	Head & Assistant Professor of N&D
2	K.Gowsalya	Assistant Professor of N&D
3	K.Janaki	Assistant Professor of N&D
4	B.Rubarani	Assistant Professor of N&D