



DEPARTMENT : ZOOLOGY

ACTIVITY : GUEST LECTURE

YEAR : 2017-2018

DEPARTMENT OF ZOOLOGY

DATE	TIME	VENUE
02.03.2018	01.30 p.m. to 02.30 p.m.	Nutrition & Dietetics LAB, EMGYWC
Theme	Importance of daily diet and exercise	
Nature of the Activity	Guest Lecture	
Title	Lifestyle Diseases	
Convener	Dr.G.Indira Rani Head, Associate Professor of Zoology EMGYWC	
Resource Person	Ms.P.Shanmuga Priya Senior Dietitian Shenbagam Hospital, Madurai	
Collaborating Departments	Department of Zoology and Nutrition & Dietetics EMGYWC	
No. of Participants	Faculty - 5 Students - 134	

GUEST LECTURE ON "LIFESTYLE DISEASES"

Objectives:

- Raise awareness among students about the detrimental effects of junk food on health.
- Sensitize students to the risks associated with unhealthy lifestyle choices.
- Educate students on the prevention and management of lifestyle diseases through lifestyle modifications.

Programme Outcome:

Through this guest lecture, students gained valuable insights into:

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Recognizing the adverse effects of junk food consumption on overall health and well-being.

Understanding the importance of adopting a healthy lifestyle, including balanced nutrition and regular exercise.

Learning practical strategies for maintaining optimal health and preventing lifestyle-related diseases.

Cultivating habits of mindfulness and self-care to promote long-term health and wellness.

Photographs:



Department of Zoology & Nutrition and Dietetics, E.M.G. Yadava Women's College, jointly organises Guest Lecture on "Life Style Diseases" - 02.03.2018

Enclosures:

- a. **Invitation:**



E.M.G. YADAVA WOMEN'S COLLEGE, MADURAI – 625 014.

(An Autonomous Institution – Affiliated to Madurai Kamaraj University)

Re-accredited (3rd Cycle) with Grade A⁺ by NAAC CGPA 3.51

DEPARTMENT OF ZOOLOGY

Cordially invite you to attend the

GUEST LECTURE

On

“LIFE STYLE DISEASES”

on 3rd March 2018 at 1.30 p.m to 2.30 p.m.

Venue: N &D Lab

Resource Person:

Mrs. Shanmuga Priya.

Dietician,

Shenbagam Hospital,

Madurai.

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b. Nominal Roll of Participants:

1. Student participants of EMGYWC :

Guest Lecture on "Lifestyle Diseases" 02.03.2018			
S.No.	REGISTER NUMBER	NAME	DEPARTMENT
1.	15ZOO01	K.Abirami	Zoology
2.	15ZOO02	M.Ajitha	Zoology
3.	15ZOO03	N.Ajitha	Zoology
4.	15ZOO04	R.Alagumegala	Zoology
5.	15ZOO05	T.Bhuvana	Zoology
6.	15ZOO06	M.Divya	Zoology
7.	15ZOO07	S.Divya	Zoology
8.	15ZOO08	M.Gayathri	Zoology
9.	15ZOO09	M.Indhumathi	Zoology
10.	15ZOO10	S.Ishwarya	Zoology
11.	15ZOO11	K.Karpaga Dheivanai	Zoology
12.	15ZOO12	M.Karthika	Zoology
13.	15ZOO13	K.Mahalakshmi	Zoology
14.	15ZOO14	R.Mani Megalai	Zoology
15.	15ZOO15	C.Manjula	Zoology
16.	15ZOO16	R.Mareeswari	Zoology
17.	15ZOO17	M.Murugeswari	Zoology
18.	15ZOO18	M.Nalini devi	Zoology
19.	15ZOO19	M.Nandhini	Zoology
20.	15ZOO20	T.Nandhini	Zoology
21.	15ZOO21	P.Nandhini	Zoology
22.	15ZOO22	M.Pandi Meena	Zoology
23.	15ZOO23	V.Parkavi	Zoology
24.	15ZOO24	M.Pavithra	Zoology
25.	15ZOO25	R.Pavithra	Zoology
26.	15ZOO26	R.Pooja	Zoology
27.	15ZOO27	T.Priyadharshini	Zoology
28.	15ZOO28	P.Rajalakshmi	Zoology
29.	15ZOO29	N.Rajavadivu	Zoology
30.	15ZOO30	R.Shanmuga Priya	Zoology
31.	15ZOO31	P.Shobana	Zoology
32.	15ZOO32	N.Soniya	Zoology
33.	15ZOO33	K.S.Soniya Mai	Zoology
34.	15ZOO34	K.Sowmiya	Zoology
35.	15ZOO35	G.Suguna	Zoology
36.	15ZOO36	V.Thavamani	Zoology
37.	15ZOO37	M.Uma devi	Zoology
38.	15ZOO38	P.Viji	Zoology
39.	15ZOO39	R.Yoga lakshmi	Zoology

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40.	16ZOO01	A. Aarthiy	Zoology
41.	16ZOO02	M. Aayammal	Zoology
42.	16ZOO03	M. Ananthi	Zoology
43.	16ZOO04	S. Anitha devi	Zoology
44.	16ZOO05	R. Archana	Zoology
45.	16ZOO06	S. Basima sijana	Zoology
46.	16ZOO07	M. Chinnalagi	Zoology
47.	16ZOO08	R. Deepika	Zoology
48.	16ZOO09	M. Devika	Zoology
49.	16ZOO10	A. Dharani	Zoology
50.	16ZOO11	M. Dhivya	Zoology
51.	16ZOO12	M. Gowsalya	Zoology
52.	16ZOO13	T. Gowsalya	Zoology
53.	16ZOO14	M. Hari priya	Zoology
54.	16ZOO15	R. Hema latha	Zoology
55.	16ZOO16	G. Ishwarya	Zoology
56.	16ZOO17	K. Ishwarya	Zoology
57.	16ZOO18	S. Jeevanathiya	Zoology
58.	16ZOO19	H. Jeevitha	Zoology
59.	16ZOO20	K. Karthika	Zoology
60.	16ZOO21	K. Karthika dhanalakshmi	Zoology
61.	16ZOO22	V. Kasduri	Zoology
62.	16ZOO23	A. Aarthiy	Zoology
63.	16ZOO24	K. Kaviya	Zoology
64.	16ZOO25	B. Keerthiga devi	Zoology
65.	16ZOO26	A. Lakshmi	Zoology
66.	16ZOO29	G. Madhu mitha	Zoology
67.	16ZOO30	M. Mohana prabha	Zoology
68.	16ZOO31	K. Monica	Zoology
69.	16ZOO32	Nandhini	Zoology
70.	16ZOO34	Nithya	Zoology
71.	16ZOO33	K. Preethika	Zoology
72.	16ZOO35	M. Ponmani	Zoology
73.	16ZOO36	K. Raveena devi	Zoology
74.	16ZOO37	Revathi	Zoology
75.	16ZOO38	P. Sandhiya	Zoology
76.	16ZOO39	V. Saranya	Zoology
77.	16ZOO41	V. Shalini	Zoology
78.	16ZOO42	S. Sumithra	Zoology
79.	16ZOO43	G. Swathi	Zoology
80.	16ZOO44	R. Thennarasi	Zoology
81.	16ZOO45	R. Thesiga	Zoology
82.	16ZOO46	I. Vijaya lakshmi	Zoology
83.	16ZOO47	V. Vimala	Zoology
84.	17ZOO01	Aarthi AS	Zoology
85.	17ZOO02	Abinaya S	Zoology

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86.	17ZOO03	Ansiya N	Zoology
87.	17ZOO04	Aruna B	Zoology
88.	17ZOO05	Asarapnisha S	Zoology
89.	17ZOO06	Bouthika M	Zoology
90.	17ZOO07	Chitradevi S	Zoology
91.	17ZOO08	Dhivya Bharathi S	Zoology
92.	17ZOO09	Dhivyalakshmi S	Zoology
93.	17ZOO10	Durgadevi M	Zoology
94.	17ZOO11	Gowsalya S	Zoology
95.	17ZOO12	Harini G	Zoology
96.	17ZOO13	Janani S	Zoology
97.	17ZOO14	Jeshima K	Zoology
98.	17ZOO15	Jeyabharathi S	Zoology
99.	17ZOO16	Kaleeswari G	Zoology
100.	17ZOO17	Karthikapandi P	Zoology
101.	17ZOO18	Kasirani M	Zoology
102.	17ZOO19	Kathija Dhanveer J	Zoology
103.	17ZOO20	Kaviya A	Zoology
104.	17ZOO21	Linga Priyadharshini S	Zoology
105.	17ZOO22	Mahesh B	Zoology
106.	17ZOO23	Malathi B	Zoology
107.	17ZOO24	Mohana S.A	Zoology
108.	17ZOO25	Monisha.R	Zoology
109.	17ZOO26	Nandhini K	Zoology
110.	17ZOO27	Nandhini M	Zoology
111.	17ZOO28	Priyanga L	Zoology
112.	17ZOO29	Priyanka J	Zoology
113.	17ZOO30	Ramya B	Zoology
114.	17ZOO31	Ramya U	Zoology
115.	17ZOO32	Rithika K	Zoology
116.	17ZOO33	Sabitha B	Zoology
117.	17ZOO34	Sabithra S	Zoology
118.	17ZOO35	Sangeetha V	Zoology
119.	17ZOO36	Sarguna P	Zoology
120.	17ZOO37	Shalini M	Zoology
121.	17ZOO38	Shanmugapriya G	Zoology
122.	17ZOO39	Sivakami P	Zoology
123.	17ZOO40	Sobana R	Zoology
124.	17ZOO41	Sowmiya K	Zoology
125.	17ZOO42	Sowmiya R	Zoology
126.	17ZOO43	Subatchaya.A	Zoology
127.	17ZOO44	Sujatha A	Zoology
128.	17ZOO45	Sumathi R	Zoology
129.	17ZOO46	Thamaraiselvi C	Zoology
130.	17ZOO47	Tharangini.N	Zoology
131.	17ZOO48	Thenbala A	Zoology

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132.	17ZOO49	Veera Lakshmi R	Zoology
133.	17ZOO50	Vijayalakshmi S	Zoology
134.	17ZOO51	Viji K	Zoology

2. Faculty participants of EMGYWC:

Guest Lecture on "Life Style Diseases" 02.03.2018		
S.No.	NAME	DESIGNATION WITH DEPARTMENT
1.	Dr.G.Indira Rani	Head & Associate Professor of Zoology
2.	Ms.R.S.Rajalakshmi	Assistant Professor of Zoology
3.	Dr.M.A.Soniya	Assistant Professor of Zoology
4.	Mrs.C.Kamala	Associate Professor of Chemistry
5.	Dr.V.Vijaya	Assistant Professor of Botany