



CELL : NATIONAL SERVICE SCHEME

ACTIVITY : WOMEN'S DAY MARATHON

YEAR : 2024-2025

NATIONAL SERVICE SCHEME

DATE	TIME	VENUE
08.03.2025	10.00 a.m.	Preethi Multispecialty & Orthopaedics Hospital, Madurai
Theme	Encouraging a Healthy Lifestyle	
Nature of the Activity	Marathon	
Title	Women's Day Marathon	
Convener	Dr.Mrs.V.Pushpalatha Principal i/c Head & Assistant Professor of Commerce EMGYWC	
NSS Coordinators:	Dr. T.Anusuya Assistant professor of Tamil Dr. G.Nagalakshmi Assistant professor of History Mrs.R.R.Subanya Assistant professor of Mathematics Miss.Helan Assistant professor of Commerce	
No. of Participants	Students - 50	

WOMEN'S DAY MARATHON

Objectives:

- To encourage women to adopt a healthy lifestyle through regular physical activity.
- To create awareness about the importance of physical and mental wellness among women.
- To motivate women to develop regular fitness habits for better health and well-being.
- To inspire women to participate in activities that promote an active and balanced lifestyle.

Programme Outcomes:

- Participants developed awareness about the importance of maintaining physical and mental health.
- Women were encouraged to adopt regular physical activities as part of their daily lifestyle.
- The marathon promoted confidence, enthusiasm, and active participation among women.
- Participants recognized the value of fitness in maintaining a balanced and healthy life.

Photographs:



NSS Team of EMGYWC, organised a Women's Day Marathon on 08.03.2024

E.M.GOPALAKRISHNA KONE YADAVA WOMEN'S COLLEGE

Enclosures:

a. Nominal Roll of Participants:

1. Student participants from EMGYWC:

WOMEN'S DAY MARATHON -08.03.2024			
S.NO.	REGISTER NUMBER	NAME	CLASS
1	23ENA01	S.Abinaya	I ENGLISH (R)
2	23ENA05	M.Chinnammadevi	I ENGLISH (R)
3	23ENA11	S.Hemalatha	I ENGLISH (R)
4	23ENA16	K.Kiruthika	I ENGLISH (R)
5	23ENA25	P.Parasakthi	I ENGLISH (R)
6	23ENA26	B.Priyadharshini	I ENGLISH (R)
7	23ENA33	P.Sathiya Jothi	I ENGLISH (R)
8	23ENA35	B.sharmila	I ENGLISH (R)
9	23ENA36	M.Shobana Devi	I ENGLISH (R)
10	23ENA38	R.Sugirdha	I ENGLISH (R)
11	23ENB03	S.Akila	I ENGLISH SF
12	23ENB07	R.Azhagu Muthumari	I ENGLISH SF
13	23ENB08	N.Bhuvaneshwari	I ENGLISH SF
14	23ENB12	K.Gomathi	I ENGLISH SF
15	23ENB17	G.Ponnathi	I ENGLISH SF
16	23ENB19	M.Renuga	I ENGLISH SF
17	23ENB21	S.Saniya	I ENGLISH SF
18	23ENB26	S.Suba Sri	I ENGLISH SF
19	23ENB27	C.R.Suga Priya	I ENGLISH SF
20	23ENB28	R.Sujitha	I ENGLISH SF
21	23CGA10	J.Dharshini	I B.COM (R)
22	23CGA19	C.Khushbu Kunwar	I B.COM (R)
23	23CGA34	S.Navya Muthu	I B.COM (R)
24	23CGA35	R.Nithya Shree	I B.COM (R)
25	23CGA43	M.Rakshitha	I B.COM (R)
26	23CGA52	K.Sridevana	I B.COM (R)
27	23CGA57	R.Swetha	I B.COM (R)

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28	23CGA58	S.Swetha Shree	I B.COM (R)
29	23CGA61	S.Vashini	I B.COM (R)
30	23CGA62	K.Varshitha	I B.COM (R)
31	23CGB03	G.Amoga	I B.COM SF
32	23CGB16	U.Durga devadharshini	I B.COM SF
33	23CGB17	M.Durka	I B.COM SF
34	23CGB29	P.Madhu balashree	I B.COM SF
35	23CGB30	R. Madhumitha	I B.COM SF
36	23CGB33	M.Mareeswari	I B.COM SF
37	23CGB41	R.Perumaye	I B.COM SF
38	23CGB36	M.Meenakshi	I B.COM SF
39	23CGB49	M.Sangavi	I B.COM SF
40	23CGB57	S.Sindhu	I B.COM SF
41	23CCA11	S.Gayathri	I B.COM CA- A
42	23CCA12	K.Gopika	I B.COM CA- A
43	23CCA14	P.Hema	I B.COM CA- A
44	23CCA16	A.Infanta Rexiba	I B.COM CA- A
45	23CCA23	K.Kirthika	I B.COM CA- A
46	23CCA26	I.Lathika	I B.COM CA- A
47	23CCA28	R.Monika	I B.COM CA- A
48	23CCA36	M.Sarmila	I B.COM CA- A
49	23CCA42	G.Thamarai Selvi	I B.COM CA- A
50	23CCA44	G.Varshika	I B.COM CA- A