FACULTY PROFILE

DEPARTMENT OF PHYSICAL EDUCATION

I. PERSONAL DETAILS

Name	Dr.A.KALARANI		
Designation	Director of Physical Education		
Qualification	BBA,B.PEd,M.PEd,Ph.D		
Area of Specialization	Sports		
Mobile No.	9786749274		
e-Mail ID	Institutional:akalarani@emgywomenscollege.ac.in		
C Maii 113	Personal:kalavaisu@gmail.com		

II. EDUCATIONAL QUALIFICATION

S.NO	NAME OF THE DEGREE/DIPLOMA	NAME OF THE INSTITUTION/UNIVERSITY	YEAR OF PASSING
1	BBA	Alagappa University,Karaikudi	2006
2	B.PEd	Alagappa University,Karaikudi	2007
3	M.PEd	Bharathiar University, Coimbatore	2009
4	Ph.D	Bharathiar University ,Coimbatore	2020
5	PGDFM	Bharathiar University, Coimbatore	2009

III. <u>TEACHING EXPERIENCE</u>

S.NO.	TEACHING EXPERIENCE WITH NAME OF THE INSTITUTION	From-To	YEAR OF EXPERIENCE
1	Nehru Arts and Science College, Coimbatore	2009-2021	12 years
2	E.M.G.Yadava Women's College,Madurai	2021-Till Date	

N	NATIONAL/INTERNATIONAL SEMINAR, WEBINAR, WORKSHOP, CONFERENCE & SYMPOSIUM ATTENDED						
S.NO	NO DATE TITLE EVENT NAME INSTITUTION NAME						
1	25.11.2017	Physical Exercise is the Beacon Light to Enlightening the Human Health	ICIRISH Conference at Bangtok, Thailand.	Nehru Arts and Science College			

N.	NATIONAL/INTERNATIONAL SEMINAR, WEBINAR, WORKSHOP, CONFERENCE & SYMPOSIUM ORGANISED					
S.NO	DATE	TITLE	EVENT NAME			
1	01.08.2020	Nutrition And Fitness For Life Style & Yoga For Health	National Webinar			
2	03.12.2020	Laughter Yoga	National Webinar			
3	19.12.2020	Life Style Modification For Weight Management	National Webinar			
4	06.08.2021	Effect of Kalari Adimura Exercise	National Webinar			
5	02.09.2021	Yoga Leads Peaceful Life	National Webinar			
6	01.11.2021	Vegetables For Health ,Wealth And Happiness	National Webinar			

IV. FACULTY ACHIEVEMENTS & AWARDS

S.NO	DATE	FACULTY NAME & DESIGNATION	NAME OF THE AWARD/RECOGNITION	NAME OF THE AWARDING BODY/AGENCY
	27.02.2022		Represented Team manager	
1	То	Dr.A.Kalarani	south zone handball women	Team Manager
	02.03.2022		tournament	

	ARTICLES PUBLISHED IN JOURNALS / MAGAZINES							
S.NO	TITLE WITH (DOI)	NAME OF THE JOURNAL/ MAGAZINE	NATIONAL/ INTERNATIONAL	IMPACT FACTOR	SCOPUS	CITATION INDEX	h- index	VOLUME, ISSUE, MONTH& YEAR
1	Impact of Swimming On Corporeal Variables Among Women Volleyball Players	Journal	National	4.917	-			9
2	Effects of Complex Training On Corporeal Variables of Inter Collegiate Volleyball Player	Journal	National	5.38				8
3	Functional changes on game specific field training with mental practice of women football players	Journal	National	5.80				ISSN :2249 - 6661

PUBLI	PUBLICATION OF BOOK / BOOK CHAPTERS / MONOGRAPH / PAPERS PUBLISHED IN CONFERENCE / PROCEEDINGS							
S.NO	TITLE OF THE BOOK/ CHAPTERS/ PROCEEDINGS	TITLE OF THE PAPER	NATIONAL/ INTERNATION AL	PUBLISHER DETAILS	ISBN/ISSN OF THE PROCEEDINGS	YEAR		
1	A paper in Vision Beyond Vision Covid- The Myth and Reality during COVID – 19, title of the chapter is "Health and Fitness – Covid – 19"	" Health and Fitness — Covid — 19"	National		(Pg. 3.1 – 3.5) ., ISBN-13:978-93- 5416-593-1			

V. <u>LANGUAGE PROFICIENCY</u>

S.NO	LANGUAGE	SPEAK	READ	WRITE
1	Tamil	✓	✓	✓
2	English	✓	✓	✓