


FACULTY PROFILE

DEPARTMENT OF NUTRITION AND DIETETICS

I. PERSONAL DETAILS

| | | |
|-------------------------------|--|---|
| Name | B.RUBA RANI |  |
| Designation | Assistant Professor | |
| Qualification | M.SC.,M.PHIL, | |
| Area of Specialization | Food Service Management and Dietetics | |
| Mobile No. | 9843280890 | |
| e-Mail ID | Institutional:b.rubarani-nad@emgywomenscollege.ac.in | |
| | Personal:balarubarani1979@gmail.com | |

II. EDUCATIONAL QUALIFICATION

| S.NO | NAME OF THE DEGREE/DIPLOMA | NAME OF THE INSTITUTION/UNIVERSITY | YEAR OF PASSING |
|------|----------------------------|---|-----------------|
| 1. | B.SC | Thaseem Beevi Abdulkadeer College For Women | 2001 |
| 2. | M.SC | Thaseem Beevi Abdulkadeer College For Women | 2004 |
| 3. | M.PHIL | Mother Teresa University | 2007 |

III. TEACHING EXPERIENCE

| S.NO | TEACHING EXPERIENCE WITH NAME OF THE INSTITUTION | From -To | YEAR OF EXPERIENCE |
|------|--|----------------|---------------------|
| 1. | E.M.G Yadava Womens College(2009-2012) | 2017-Till Date | 4 years and 1 month |

IV. RESEARCH ACCOMPLISHMENTS

| ORIENTATION/REFRESHER/MOOCs/FDP/ TRAINING PROGRAMMES ATTENDED | | | |
|---|--------------------------------|---|--|
| S.NO | DATE | NAME OF THE COURSE/PROGRAMME | NAME OF THE INSTITUTION/UNIVERSITY |
| 1. | 25.01.2021 To 27.01.2021 | Online Faculty Development Programme "Digit tools for Enhancing Teaching and Learning". | IQAC – Teaching Learning Cell of E.M.G Yadava women's College. |

| NATIONAL/INTERNATIONAL SEMINAR, WEBINAR, WORKSHOP, CONFERENCE & SYMPOSIUM ATTENDED | | | | |
|--|-------------|--|--|--|
| S.NO | DATE | TITLE | EVENT NAME | INSTITUTION NAME |
| 1. | 6. 07. 2012 | Nutrition and Life style approach in Reducing Risk of Diseases. | one day seminar - Lecture Cum discussion | PG Department of Home Science with Food Biotechnology, Fatima College, Madurai |
| 2. | 03.02.2018 | Research Development Funding Schemes | Seminar | E.M.G Yadava Women's College, Madurai -14. |
| 3. | 29.06.2020 | Walnut Brownie | webinar | Department of Nutrition & Dietetics, E.M.G Yadava Women's College, Thiruppalai ,Madurai -14. |
| 4. | 07.09.2020 | Dietary Approach for Health and Fitness Busting Myths on Fad Diets | webinar | Department of Food Service Management and Dietetics & Diet Counselling Cell, Cauvery College for Women , Trichy. |

| | | | | |
|----|------------|---|------------------|---|
| 5. | 06.1.2021 | Revised Accreditation Framework of NAAC | National Webinar | IQAC – Teaching Learning Cell of E.M.G Yadava women’s College. |
| 6. | 17.09.2021 | Intellectual Property Rights | Online Workshop | IQAC and Research & Development Cell , E.M.G Yadava Women’s College, Madurai -14. |

ACTED AS RESOURCE PERSON IN OTHER INSTITUTION

| S.NO | DATE | TITLE OF THE PROGRAMME/ EVENT NAME | NAME OF THE INSTITUTION | DISTRICT/STATE/NATIONAL/INTERNATIONAL |
|------|------------|------------------------------------|-----------------------------|---------------------------------------|
| 1. | 28.10.09 | Demo On “ Flower Arrangement ” | E.M.G Yadava Womens College | - |
| 2. | 21.12.2012 | Demo On “ Flower Arrangement ” | E.M.G Yadava Womens College | - |

LEADERSHIP/TEAM WORKING SKILLS

| S.NO | CELL/CLUB/COMMITTEE/ASSOCIATION | POSITIONS HELD (NODAL, COORDINATOR/ ASSISTANT COORDINATOR / MEMBER) | DURATION MONTH/YEAR |
|------|---------------------------------|---|------------------------|
| 1. | Red Ribbon Club | Member | June 2010 – April 2011 |
| 2. | SSO | Member | June 2018 – till date |

V. INNOVATIVE TEACHING SKILLS

ICT ENABLED TEACHING METHODS

| S.NO | PPT |
|------|-------------------|
| 1 | Google Class Room |

e- CONTENT DEVELOPED

| S.NO | DATE | TITLE | SOCIAL NETWORK (YouTube, Slideshare, Blog, MOOCs, Others) | LINK |
|------|------------|-------------------------|--|---|
| 1. | 06.09.2021 | Unit- I Intro to bakery | - | https://drive.google.com/file/d/1m-sbkX7l0aCzbMxxgaUqWluSENOgkZZR/view?usp=sharing |
| 2. | 23.11.2021 | Unit- IV Cakes | - | https://drive.google.com/file/d/1TprZBf9-cpyAGmYXDjQLcAs9rupFNjyx/view?usp=sharing |

COLLABORATIVE TEACHING ACTIVITIES IN OTHER INSTITUTION/AGENCY (MoU, etc.,)

| S.NO | DATE | TITLE | NAME OF THE INSTITUTE |
|------|------------|---|---|
| 1. | 13.09.2021 | NUTRISITOS Association - Organised Poster Competition in the topic Malnutrition Free India in commemoration of NATIONAL NUTRITION MONTH Celebration (Sep 1-30) theme “Feeding Smart Right from Start” | PSY Matriculation higher secondary school, Narayanapuram, Madurai - 14. |

VI. COLLABORATIVE ACTIVITIES

| COLLABORATIVE ACTIVITIES IN OTHER INSTITUTION – EXTENSION/ CONSULTANCY | | | |
|---|-------------|---|--|
| S.NO | DATE | TITLE | NAME OF THE INSTITUTE/CORPORATE/ ADOPTED VILLAGE |
| 1. | 11.12.2009 | Extension Activity -Special Lecture to 7 th and 8 th standard students . | E.M.G school at sirudhur village |
| 2. | 21.07.2010 | Extension Activity -Dietary Health Tips for various disorders like Diabetes Mellitus, Hypertension, Cancer and Osteoporosis | Rural Women Folk At Oomachikulam, Madurai |
| 3. | 14.08.2012 | CONSULTANCY ACTIVITY - Demonstration of “Fruit Jam Preparation, Sathu Mavu, Rice Flakes balls to rural woman. | woman folk -self help groups at Oomachikulam |
| 4. | 14.02.2018 | Extension activity -Special Lecture In The Topic Importance Of Phytochemical In Food Substance | Integrated Child Development Service in r.c.c middle school ,bb kulam madurai. |
| 5. | 14.02.2019 | Extension activity -Special Lecture in the topic “General guidelines of Health and Nutrition ” for Higher secondary students | PSY Matriculation higher secondary school, Narayanapuram, Madurai - 14. |

VII. COMPUTER SKILLS

| COMPUTER LANGUAGE/TECHNICAL SKILLS | |
|---|------------------------------------|
| S.NO | |
| 1. | Know to type English word document |

VIII. LANGUAGE PROFICIENCY

| S.NO | LANGUAGE | SPEAK | READ | WRITE |
|-------------|-----------------|--------------|-------------|--------------|
| 1. | Tamil | ✓ | ✓ | ✓ |
| 2. | English | ✓ | ✓ | ✓ |